



Maharaja Ranjit Singh Punjab Technical University

Badal Road, Bathinda -151001

(Established by Govt. of Punjab vide Punjab Act No. 5 of 2015)

ਮਹਾਰਾਜਾ ਰਣਜੀਤ ਸਿੰਘ ਪੰਜਾਬ ਟੈਕਨੀਕਲ ਯੂਨੀਵਰਸਿਟੀ, ਬਾਦਲ ਰੋਡ, ਬਠਿੰਡਾ।

DIRECTORATE OF SPORTS & YOUTH WELFARE

Prof (Dr.) Bhupinder Pal Singh Dhot
Director, Sports & Youth Welfare

Ref. No. MRSPTU/Sports/ 4057

Date: 10/11/2022

Directors/Principals,
All Institutes Affiliated to MRSPTU, Bathinda.

Sub: Regarding Selection trials of MRSPTU Athletics (M/W) team.

It is reference to the subject cited above that KIIT Bhubaneswer, is going to organize AIU North East Zone Athletics (M/W) competition from 20 -12-2022. So, Trials for selection of MRSPTU Athletics team are scheduled on 17/11/2022 (Friday) at MRSPTU, Main Campus, Bathinda.

Following conditions will be applicable for participation in trials:-

1. Participants must in proper Sports Kit.
2. Eligibility Performa must have signed by Director/Principal of concerned Institute.
3. Trials fees will be Rs. 70/- per event/head.
4. Participants must be eligible as per the MRSPTU rules for Inter -College tournament.

This has been put on record and same has been intimated to the all concerned.


Director Sports & Youth Welfare
MRSPTU, Bathinda

Cc:-


1. P.A to Hon 'ble Vice Chancellor for information please.
2. PA to Registrar for information please.
3. Master file.

MAHARAJA RANJIT SINGH PUNJAB TECHNICAL UNIVERSITY,
BATHINDA

DIRECTORATE OF SPORTS

Qualifying norms for selection of University athletics team (MEN)

s.No	EVENT	Qualifying norms
1.	100 M	10.78 seconds
2.	200 M	22.44 seconds
3.	400 M	47.95 seconds
4.	800 M	1:56.67 minutes
5.	1500 M	4:00.29 minutes
6.	5000 M	14:43.55 minutes
7.	10000 M	31:28.97 minutes
8.	110 M Hurdle	15.25 seconds
9.	400 M Hurdle	53.83 seconds
10.	3000 M Steeplechase	9:55.25 minutes
11.	High Jump	2.00 meters
12.	Long Jump	7.22 meters
13.	Triple Jump	15.13 meters
14.	Pole Vault	4.60 meters
15.	Shot Put	16.48 meters
16.	Discuss Throw	48.44 meters
17.	Hammer Throw	53.20 meters
18.	Javelin Throw	66.86 meters
19.	20Km Walk	1:35:51.14 hours
20.	Half Marathon	1:10:09.00 hours


Director
Sports & Youth Welfare
MRSPTU, Bathinda.




**MAHARAJA RANJIT SINGH PUNJAB TECHNICAL UNIVERSITY,
BATHINDA**

DIRECTORATE OF SPORTS

Qualifying norms for selection of University athletics team (Women)

s.No	EVENT	Qualifying norms
1.	100 M	12.26 seconds
2.	200 M	24.96 seconds
3.	400 M	56.30 seconds
4.	800 M	2:18.54 minutes
5.	1500 M	4:44.07 minutes
6.	5000 M	18:06.81 minutes
7.	10000 M	37:55.73 minutes
8.	100 M Hurdle	14.46 seconds
9.	400 M Hurdle	1:02.93 seconds
10.	3000 M Steeplechase	11:52.15 minutes
11.	High Jump	1.63 meters
12.	Ling Jump	5.76 meters
13.	Triple Jump	12.59 meters
14.	Pole Vault	3.10 meters
15.	Shot Put	13.20 meters
16.	Discuss Throw	40.04 meters
17.	Hammer Throw	48.91 meters
18.	Javelin Throw	42.90 meters
19.	5000 M Walk	24:38:30. minutes
20.	Half Marathon	1:25:05.00 hours


Director
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MRSPTU, Bathinda.

